

<p>Pre-Made Chef Salad Offered to grades 5 - 12 <b>daily</b></p> <p>Fruit Served Daily <b>2%</b></p> <p>Milk Variety Served Daily</p>	<p>Fitness Tip: Try to be active for 60 minutes or more every day. Run, dance, walk the dog, climb stairs or play in the snow if you have it.</p> <p>Reference: USDA MyPlate</p>			
<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
11	12			
	<p>25</p> <p>Cheeseburger on a Bun</p> <p>Baked Chips</p> <p>Carrot Sticks</p> <p>Banana</p>	<p>26</p> <p>Chicken Patty on a Bun</p> <p>Sweet Potato Fries</p> <p>Veggies &amp; Dip</p> <p>Apple</p>	<p>27 "Home Style Thursday"</p> <p>Country Fried Steak</p> <p>Mashed Potatoes &amp; Gravy</p> <p>Green Beans</p> <p>Hot Roll</p> <p>Peaches</p>	<p>28 "Fun Friday"</p> <p>Walking Taco</p> <p>Lettuce, Cheese, &amp; Salsa</p> <p>Refried Beans</p> <p>Pears</p>